

VBP First Session Information

Here are a few things you might like to know for your first appointment:

Location:

181 Cecil Street, South Melbourne.

Getting there:

a. Parking: there is ample non-meter parking in the area with one and two hour time-limited spaces usually available in the surrounding streets.

b. Public Transport: If taking the #12 tram (West Preston to St Kilda), get off at Bank Street and walk past the Town Hall to Cecil Street. On the #1 tram (East Coburg to South Melbourne Beach) get off at Cecil Street.

Getting in:

We have a secure building so you will need to use the digital keypad on the door to obtain access. Please ask your psychologist for a code to enter the building. If you forget your code please ring the doorbell and wait patiently for someone to answer – it may take a few minutes.

What to bring:

If you have been referred by your doctor under the Better Access to Mental Health Rebate Scheme then please bring your Referral letter, Medicare Card, and Mental Health Care Plan with you. If you have been referred from another source, please bring any referral information you might have.

How to pay:

Please note that we do **not** have EFTPOS or Credit Card facilities onsite so please bring cash or cheque for payment to your first session. (There are a number of ATM's on Clarendon Street). Please note, we do not always carry change, hence, we do appreciate the correct change whenever possible. Alternatively, you may pay by Electronic Funds Transfer (EFT) over the Internet. Please ask your psychologist for our EFT bank details at your first appointment.

Thank you for reading this information and we look forward to meeting you.